January 2019 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	**31**	**1. New Year's Day - We are closed**	**2.** English Muffin w/ Cheese & Oranges	**3.** Yogurt & Granola	**4.** Sasuage & Cheese Biscut
AM Snack			Turkey & Cheese w/ Crackers	Pretzles & Apple Slices	Strawberries & Cottage Cheese
Lunch			Pasta Salad w/ Ham & Mixed Vegetables, Tropical Fruit	Shepherd's Pie, Mixed Vegetables & Oranges	Sweet & Sour Chicken, Rice, Broccoli & Oranges
PM Snack	**New Year's Eve - Closing at 3:00**		Cinnamon Tortillas & Apple Slices	Trail Mix	Yogurt & Bananas
Breakfast	**7.** Sasuage & Cheese Biscut	**8.** Bagels & Cream Cheese w/ Fresh Fruit	**9.** Yogurt & Granola	**10.** Oatmeal & Raisins	**11.** Bagels w/ Cheddar Cheese & Pears
AM Snack	Strawberries & Cottage Cheese	Applesauce & Godfish Crackers	English Muffin w/ Jam	Graham Crackers w/ Cream Cheese & Apple Slices	Pretzles & Peaches
Lunch	Sweet & Sour Chicken, Rice, Broccoli & Oranges	Fish Sticks, Green Beans & Pears	Turkey & Cheese Sandwich, Corn & Oranges	Broccoli Cheddar Chicken Casserole, Fruit Medley	Taco Casserole, Corn & Oranges
PM Snack	Vanilla Pudding & Bananas	Pretzels & Banana	Pita Chips & Hummus	Pretzels & Banana	Cucumbers, Carrots & Ranch
Breakfast	**14.** Cereal & Banana	**15.** English Muffin w/ Sasuage	**16.** Cinnamon Toast & Apples	**17.** Hash Browns & Applesauce	**18.** English Muffin w/ Jam & Peaches
AM Snack	Turkey & Cheese w/ Crackers	Ritz Crackers & Cheese Cubes	Strawberry Yogurt & Granola	Carrot Sticks w/ Hummus	Greek Yogurt & Crackers
Lunch	Tator Tot Casserole w/ Green Beans & Pineapple	Spaghetti w/ Mixed Salad & Tropical Fruit	BBQ Chicken, Corn & Pears	Chicken Nuggets, Broccoli & Peaches	Enchillada Casserole, Carrots & Oranges
PM Snack	Trail Mix	Carrot & Ranch	Pepperoni & Cheese	Oranges & Graham Crackers	Ritz Crackers & Cheese
Breakfast	**21.** Scrambled Eggs & Biscut	**22.** French Toast & Banana	**23.** Pancakes & Pears	**24.** Cereal & Banana	**25.** Oatmeal & Rasins
AM Snack	Cream Chees & Turkey Roll-Up	Cinnamon Toast with Applesauce	Cucumbers, Carrots & Ranch	Carrots & Hummus	Crackers & Apples
Lunch	Chicken Noodle Casserole w/ Peas & Peaches	Meatballs in Red Sauce, Green Beans & Fruit Medly	Cheese Burger, French Fries & Pears	Mac-n-Cheese, Mixed Vegetables, Oranges	Ham & Cheese Roll-Up, Peas & Pineapple
PM Snack	Banana Chips & Apples	Goldfish Crackers and Craisins	Crackers & Cheese	Animal Crackers and Pineapple	Pretzles & Banana
Breakfast	**28.** Waffles & Peaches	**29.** Scrambled Eggs w/ Cheese & Pears	**30.** Yogurt & Granola	**31.** English Muffin w/ Cheese & Oranges	
AM Snack	Pretzles & Cheese Cubes	Cucumbers & Ranch	Pretzles & Apple Slices	Turkey & Cheese w/ Crackers	
Lunch	Mini Pizza, Salad & Fruit	Scalloped Potatoes, Peas & Strawberries	Shepherd's Pie, Mixed Vegetables & Oranges	Pasta Salad w/ Ham & Mixed Vegetables, Tropical Fruit	
PM Snack	Trail Mix	Carrots & Hummus	Trail Mix	Cinnamon Tortillas & Apple Slices	