



November 2022 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack		Cereal & Fruit	Cottage Cheese & Peaches	Crackers & Craisins (I/T: fruit)	NutriGrain Bars & Banana
Lunch		Chef's Choice, Mixed Vegetables, Pears, Milk	Chicken Pasta Marinara, Mandarin Organes, Peas & Carrots, Milk	Chicken Tenders, Green Beans, Applesauce, & Milk	Sloppy Joes on a Bun, Diced Carrots, Pineapple Tidbits, & Milk
PM Snack		Animal Crackers & Fruit	Nacho Chips & Cheese (I/T: crackers)	Corn Bread & Jelly	Carrots & Ranch Dip (I/T: Goldfish & Fruit)
AM Snack	7	8	9	10	11
AM Snack	Bagels & Cream Chesse	Blueberry Muffins & Milk	Vanilla Yogurt & Blueberries	English Muffins & Jelly	CLOSED Teacher In-Service
Lunch	Make your own Lunchable, Steamed Peas, Pineapple Tidbits, & Milk	Rice Chicken Bake, Diced Carrots, Diced Pears, & Milk	Kale Pesto Pasta, Corn, Mandarin Oranges, & Milk	Cheese Pizza, California Veggies, Diced Peaches, & Milk	
PM Snack	Breadsticks & Fruit	Apples & Cheese Sticks	Trail Mix	Sweet Potato Crackers & Fruit	
AM Snack	14	15	16	17	18
AM Snack	French Toast Sticks & Milk	Crackers & Cheese	Bananas & Cheerios	Vanilla Yogurt & Peaches	Biscuits & Jelly
Lunch	Mac & Cheese w/ or w/o Diced Ham, Green Beans, Peaches, & Milk	Soy Tacos, Steamed Peas, Pineapple Tidbits, & Milk	Cheese Roll-Ups, Diced Carrots, Applesauce, & Milk	Chicken Patties, Steamed Peas, Mandarin Oranges, & Milk	Chicken Fajita and Rice, Pears, Mixed Veggies, & Milk
PM Snack	Apples & Crackers	English Muffins & Mango	Graham Crackers & Jelly	Pita Bread & Hummus	Chips & Guacamole (I/T: Goldfish)
AM Snack	21	22	23	24	25
AM Snack	Cottage Cheese & Peaches	Crackers & Cheese	Animal Crackers & Bananas	CLOSED <u>HAPPY</u> <u>THANKSGIVING!</u>	
Lunch	Chicken Nuggets, Steamed Peas, Mandarian Oranges, & Milk	Turkey Sausage & Cheese on a Bun, Peas & Carrots, Mangos, & Milk	Garlic Butter Noodles with Chicken, Steamed Carrots, Pineapple Tidbits, & Milk		
PM Snack	Vanilla Wafers & Fruit	Warm Pretzels & Cheese Dip	Goldfish & Cheese		
AM Snack	28	29	30	1	2
AM Snack	Cottage Cheese & Peaches	NutriGrain Bars & Milk	Muffins & Milk		
Lunch	Chicken Quesadilla, Green Beans, Mango, & Milk	Sun Butter & Jelly Sandwiches (I/T: Cheese), Diced Carrots, Pears, & Milk	Veggie Lasagna, Garlic Bread, California Veggies, Peaches, & Milk		
PM Snack	Crackers & Craisins	Carrots & Ranch (I/T: crackers)	Sweet Potato Crackers & Bananas		